Supplemental Material S2. Results of sensitivity analysis for age groups.

|                    | High-burg | den subgroup | Low-burden subgroup |       |  |  |
|--------------------|-----------|--------------|---------------------|-------|--|--|
|                    | n         | Mage         | n                   | Mage  |  |  |
| 18–24 years        | 45        | 21.78        | 28                  | 21.61 |  |  |
| 25–39 years        | 84        | 31.86        | 101                 | 31.74 |  |  |
| 40–54 years        | 64        | 46.27        | 95                  | 47.31 |  |  |
| 55–69 years        | 29        | 61.00        | 119                 | 62.39 |  |  |
| 70 years and older | 8         | 73.38        | 29                  | 74.90 |  |  |
| Total data         | 230       | 39.01        | 372                 | 48.36 |  |  |

Table S2.1. Participants and mean per age group.

 Table S2.2. Differences between age groups on the four impact-variables.

|           |      | 18–24 years |                 | 25–39 years |                 | 40–54 years |                 | 55–69 years |                 | > 70 years |         |
|-----------|------|-------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|-----------------|------------|---------|
|           |      | М           | <i>p</i> -value | М          | p-value |
| Frequency | High | 3.53        | .000            | 3.60        | .000            | 3.41        | .000            | 3.13        | .000            | 3.50       | .000    |
|           | Low  | 2.36        |                 | 1.91        |                 | 1.84        |                 | 1.87        |                 | 1.48       |         |
| Severity  | High | 6.07        | .000            | 6.06        | .000            | 5.77        | .000            | 5.38        | .000            | 5.88       | .000    |
|           | Low  | 3.54        |                 | 3.02        |                 | 3.01        |                 | 3.04        |                 | 2.83       |         |
| Affect    | High | 6.91        | .000            | 6.86        | .000            | 6.47        | .000            | 6.38        | .000            | 7.13       | .000    |
|           | Low  | 3.14        |                 | 2.85        |                 | 2.84        |                 | 2.76        |                 | 2.41       |         |
| Anxiety   | High | 2.71        | .014            | 2.83        | .000            | 2.45        | .001            | 2.31        | .004            | 2.62       | .005    |
|           | Low  | 2.11        |                 | 1.73        |                 | 1.95        |                 | 1.80        |                 | 1.72       |         |



**Figure S2.1.** Distributions of the four impact variables in the high- and low-burden subgroups, in the five age groups and the full dataset. Violin plots show the distributions of scores for the high-burden subgroup (in purple) and low-burden subgroup (in green). Boxplots show median and first and third quartiles. The top row shows the sample sizes in the different age groups and the full dataset.

|                               |       | 18–24 years |       | 25–39 years |        | 40–54 years |        | 55–69 years |        | > 70 yea | rs    |
|-------------------------------|-------|-------------|-------|-------------|--------|-------------|--------|-------------|--------|----------|-------|
|                               | Sub   | Total n     | %     | Total n     | %      | Total n     | %      | Total n     | %      | Total n  | %     |
|                               | group |             |       |             |        |             |        |             |        |          |       |
| Anxiety for letters or sounds | High  | 45          | 53.3  | 84          | 41.7   | 64          | 31.2   | 29          | 20.7   | 8        | 62.5  |
|                               | Low   | 28          | 21.4* | 101         | 29.7** | 95          | 24.2   | 119         | 21.8   | 29       | 13.8* |
| Anxiety for situations        | High  | 45          | 80.0  | 84          | 75.0   | 64          | 60.9   | 29          | 58.6   | 8        | 75.0  |
|                               | Low   | 28          | 67.9  | 101         | 44.6** | 95          | 49.5   | 119         | 43.7   | 29       | 24.1* |
| Anxiety for people            | High  | 45          | 62.2  | 84          | 58.3   | 64          | 53.1   | 29          | 51.7   | 8        | 62.5  |
|                               | Low   | 28          | 46.4  | 101         | 21.8** | 95          | 25.3** | 119         | 23.5** | 29       | 24.1  |
| Anxiety for telephoning       | High  | 45          | 62.2  | 84          | 65.5   | 64          | 39.1   | 29          | 31.0   | 8        | 25.0  |
|                               | Low   | 28          | 35.7* | 101         | 23.8** | 95          | 22.1*  | 119         | 20.2   | 29       | 17.2  |

Table S2.3. Different types of anxiety per age group and per subgroup (high-/low-burden).

\**p* < .05. \*\**p* < .01.



Figure S2.2. Frequency of different types of anxiety per age group and per subgroup (high-/low-burden).

|                                    |       | 18–24 years |      | 25–39 years 40 |       | 40–54 years |       | 55–69 years |       | > 70 year | rs   |
|------------------------------------|-------|-------------|------|----------------|-------|-------------|-------|-------------|-------|-----------|------|
|                                    | Sub   | Total n     | %    | Total n        | %     | Total n     | %     | Total n     | %     | Total n   | %    |
|                                    | group |             |      |                |       |             |       |             |       |           |      |
| Speech language therapy as a child | High  | 45          | 77.8 | 84             | 85.7  | 64          | 84.4  | 29          | 69.0  | 8         | 50.0 |
|                                    | Low   | 28          | 50.0 | 101            | 76.2  | 95          | 84.3  | 119         | 55.5  | 29        | 75.9 |
| Speech language therapy            | High  | 45          | 73.3 | 84             | 72.6  | 64          | 57.8  | 29          | 62.1  | 8         | 25.0 |
|                                    | Low   | 28          | 67.9 | 101            | 64.4  | 45          | 52.6  | 119         | 62.2  | 29        | 48.3 |
| Stuttering program                 | High  | 45          | 26.6 | 84             | 45.2  | 64          | 51.6  | 29          | 51.7  | 8         | 37.5 |
|                                    | Low   | 28          | 14.3 | 101            | 25.7* | 95          | 37.9* | 89          | 25.2* | 29        | 10.3 |
| Other                              | High  | 45          | 17.7 | 84             | 61.7  | 64          | 45.3  | 29          | 37.9  | 8         | 37.5 |
|                                    | Low   | 25          | 10.7 | 101            | 23.8  | 95          | 30.5  | 119         | 33.6  | 29        | 34.5 |

Table S2.4. Scores on followed therapies per age group and per subgroup (high-/low-burden).

\**p* < .05. \*\**p* < .01.



Figure S2.3. Frequency of followed therapies per age group and per subgroup (high-/low-burden).

|   |              | 18–24 years    |      | 25–39 ye       | 9 years 40–54 ye |         | ears   | 55–69 years |       | > 70 years |      |
|---|--------------|----------------|------|----------------|------------------|---------|--------|-------------|-------|------------|------|
|   | Sub<br>group | Total <i>n</i> | %    | Total <i>n</i> | %                | Total n | %      | Total n     | %     | Total n    | %    |
| Reported impact on educational level (yes)  | HB           | 45             | 22.2 | 84             | 31.0             | 64      | 43.8   | 29          | 51.7  | 8          | 37.5 |
|   | LB           | 28             | 7.1  | 101            | 20.8             | 95      | 33.7   | 119         | 37.0  | 29         | 31.0 |
| Reported impact on career development (yes) | НВ           | 45             | 55.6 | 84             | 75.0             | 64      | 84.4   | 29          | 69.0  | 8          | 37.5 |
|   | LB           | 28             | 35.7 | 101            | 41.6**           | 95      | 48.4** | 119         | 55.5  | 29         | 41.4 |
| Reported impact on finding a job            | HB           | 45             | 46.7 | 84             | 61.9             | 64      | 70.3   | 29          | 51.7  | 8          | 37.5 |
|   | LB           | 28             | 21.4 | 101            | 28.7**           | 95      | 40.0** | 119         | 37.0* | 29         | 20.7 |

 Table S2.5. Impact of stuttering on education and employment per age group and per subgroup (high-/low-burden)

*Note.* HB = high-burden subgroup; LB = low-burden subgroup.

\**p* < .05. \*\**p* < .01.





|              | Subgroups | 18–24 years |                 | 25–39 years |                 | 40–54 years |                 | 55–69 years |         | > 70 years |                 |
|--------------|-----------|-------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|---------|------------|-----------------|
|              |           | М           | <i>p</i> -value | М           | <i>p</i> -value | М           | <i>p</i> -value | М           | p-value | М          | <i>p</i> -value |
| DASS         | HB        | 7.18        | .502            | 8.10        | .000            | 5.30        | .278            | 5.67        | .194    | 2.38       | .407            |
| Depression   |           |             |                 |             |                 |             |                 |             |         |            |                 |
|              | LB        | 5.76        |                 | 4.08        |                 | 4.22        |                 | 4.05        |         | 5.42       |                 |
| DASS Anxiety | НВ        | 7.78        | .299            | 6.37        | .000            | 4.24        | .393            | 4.60        | .015    | 2.25       | .410            |
|              | LB        | 5.72        |                 | 2.78        |                 | 3.58        |                 | 2.52        |         | 4.27       |                 |
| DASS Stress  | НВ        | 9.47        | .895            | 10.76       | .004            | 8.70        | .204            | 8.34        | .080    | 5.88       | .578            |
|              | LB        | 9.20        |                 | 7.31        |                 | 7.30        |                 | 6.10        |         | 7.79       |                 |
| OASES Total  | НВ        | 2.69        | .026            | 2.72        | .000            | 2.59        | .000            | 2.52        | .002    | 2.79       | .001            |
| impact score |           |             |                 |             |                 |             |                 |             |         |            |                 |
|              | LB        | 2.29        |                 | 2.10        |                 | 2.12        |                 | 2.12        |         | 2.01       |                 |

Table S2.6. Differences between age groups and subgroups on depression, anxiety, stress, and the overall impact of stuttering.

*Note.* HB = high-burden subgroup; LB = low-burden subgroup.



**Figure S2.5.** Distributions of DASS for depression, anxiety, and stress, and the OASES overall impact score of stuttering in the high- and low-burden subgroups, in the five age groups and the full dataset. Violin plots show the distributions of scores for the high-burden subgroup (in purple) and low-burden subgroup (in green). Boxplots show median and first and third quartiles. The top row shows the sample sizes in the different age groups and the full dataset.